

**ASSESSMENT CATEGORY - Bridging Communities**

**Fight for Change**

**Ref: 11458**

**Amount requested: £85,000**

**Adv: Sandra Davidson**

**Base: Lambeth**

**Amount recommended: £85,000**

**Benefit: Lambeth &  
Southwark**

**Purpose of grant request:** Expansion of our boxing and personal development programming across Lambeth/Southwark focusing on citizenship, employability and enterprise working with young people at risk/in the justice system.

**Background**

Fight for Change (F4C) was established in 2009 by Richie Woodhall, former WBC Super Middleweight Champion and GB coach. The charity focuses its work with young people aged 11-25 growing up in deprived communities, who are experiencing problems that may prevent them from meeting their full potential in adult life.

The charity delivers activities targeted at young people defined as not in employment, education or training; or at risk of offending. There are four strands to the work: 1) non-contact Boxing and fitness activities; 2) educational support and personal development opportunities (including youth crime, sexual health and disability awareness); 3) accredited training and coaching qualifications (CV writing, increase employment opportunities) and 4) community engagement and leadership (promoting volunteering and citizenship within the club and community environment). At the heart of F4C is its commitment to delivering grassroots services to young people helping them to move on to new challenges through personal and social development programmes.

F4C has been working with local organisations, including the Youth Offending Team; Pupil Referral Unit; local schools and several charities based on site, to deliver a boxing training and coach development programme with the communities of Lambeth and Southwark. The charity operates out of Lillian Baylis Old School, a Community Sports Hub, with access to office space and fully equipped boxing gym and classroom space to run educational courses from. Over 2,200 young people have accessed F4C services since September 2011 to date. On average 100 young people take part in weekly activities. It has seen a high turnover recently in the number of young women taking part.

**Funding History**

None



### **Current Application**

F4C is seeking funding over two years towards the salary and associated costs of expanding the programme across Lambeth and Southwark. The grant would enable F4C to provide a package of boxing and personal development opportunities targeted at young people either in the youth justice system or at risk of being in the system across the Brixton, Kennington, Elephant & Castle and Bermondsey areas. Activities aim to empower young people, build their confidence and employment opportunities.

F4C have consulted with a range of young people across the target areas last year and responses clearly showed the desire to participate in exercise and boxing activities as a means to 'keep them off the street' and 'away from gangs'. Stakeholders consulted including the Police, Youth Offending Services, Pupil Referral Units and local residents support F4C's delivery model, and the importance of supporting young people in a safe and welcoming environment. Over two years, it is proposed that around 200 young people will benefit from this expanded programme. Active Communities Network (a current grant holder) has supported F4C's development through specialist charity support, offering strategic advice and guidance and supporting their fundraising strategy.

### **Financial Observations**

Audited accounts to 31<sup>st</sup> March 2012 are provided and show a surplus of £12,731 (4.7% of turnover). The accounts show the charity's reserve policy but this does not give a specific target, however, the charity has confirmed that it aims to hold in unrestricted free reserves equivalent to between three and six months' worth of total expenditure, which equates to £35k - £70k. At the year-end free reserves stood at £9,885 equating to almost 4 weeks' worth of expenditure. The charity recognises that this is a low free reserve and will be reviewing how they can build reserves towards the target level.

The latest management accounts for the year to 31<sup>st</sup> March 2013 show a surplus of £37,400 which relates entirely to unrestricted funds. The budget for the current year 2013/14 shows an overall deficit of £26,208 relating to unrestricted activity. This is based on income of £114,620, however this includes £54,620 which is not secured at this stage including this application. The charity has made several other grant applications and feels confident that they will secure further funds.

### **Officer's Appraisal**

F4C has established itself as a lead organisation working with young people promoting health and fitness and community engagement. It is run by committed workers who are passionate about the work they do. F4C works closely with Fight for Peace (a current grant holder) based in Newham complementing each other's services.

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## **Recommendation**

**£85,000 over two years (£44,000; £41,000) towards the salary and running costs of expansion of the boxing and educational programme across Lambeth and Southwark.**





# The City Bridge Trust

Charity Registration Number: 1035628

## Working with Londoners: Application for a grant

Please read the guidance notes before completing this form

Reference:  
(office use only)

11458

Date Received:

30/10/2012

Programme  
Area:

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### 1. About your organisation

Name of organisation applying for grant: <b>Fight for Change</b>	
If the organisation is part of a larger organisation, what is its name? <b>The City Bridge Trust</b>	
Address for correspondence: <b>Lillian Baylis Old School Lollard Street London</b>	
Postcode: <b>SE11 6PY</b> Is this your home address? <b>No</b>	
Contact person: <b>Miss Rebecca Donnelly</b>	Position: <b>Head of Operations</b>
Phone: <b>07791638683</b>	Fax:
E-mail: <b>rebecca@fight4change.org.uk</b>	
Website: <b>http://www.fight4change.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	
If registered, please give charity number: <b>1143318</b>	
Date organisation established: <b>01/01/2010</b>	

### 2. Request for funds

Under which of the Trust's themes are you applying (see our website or brochure for further details)? <b>Bridging Communities</b>
Purpose for which funds are requested: (25 words maximum) <b>Expansion of our boxing and personal development programming across Lambeth/Southwark focusing on citizenship, employability and enterprise working with young people at risk/in the justice system.</b>
How much funding is requested? <b>Year 1: £44,000 Year 2: £41,000 Year 3: £0 Total: £85,000</b>



### 3. Aims of your organisation

Fight 4 Change is a registered charity that uses boxing in inner cities and socially excluded communities to:

Engage young people in positive activities at key times.

Use the coach / participant relationship to provide positive role models and motivation.

Deliver personal and social development projects with boxing as a pathway.

Provide education and training programmes as pathways into coaching and mainstream education.

Promote volunteering and citizenship with a club and community environment.

Offer pathways into mainstream clubs and the competitive boxing network.

Fight 4 Change was founded in 2009 by former WBC Super Middleweight Champion, GB Olympic coach Richie Woodhall, with support from a range of agencies.

The charity has assembled a skilled staff team, including coaches, youth workers and former professional athletes, working from two centres in London and the West Midlands who not only deliver our projects but also work with partners to promote and develop the sport of boxing a tool for positive social change.

### 4. Main activities of your organisation

F4C undertakes a number of functions outlined as follows:

1. Provides outreach and detached services to engage marginalised young people across South London (Croydon, Lambeth, Southwark, Sutton and Wandsworth). This focuses on building relationships with young people known to the youth offending services, excluded from school, from targeted estates across these boroughs.

2. Deliver community based boxing and fitness programmes across the target areas, focusing on personal and social development of young people.

3. Deliver accreditation and progression opportunities in sport, youth work, fitness and community development as a pathway into employment / re-integration into society.

4. Develop young people as peer led volunteers across South London, within a community/boxing context. We promote youth-led initiatives which supports the onward progression and employability of young people whilst contributing toward improving the local community.

5. Provide a pathway for participants to enter the mainstream boxing environment

This model of delivery is transient, with young people able to enter the programme at any stage as appropriate. F4C's projects are delivered by specialist staff who are skilled in this area to ensure appropriateness.

### 5. Number of staff

Full-time	Part-time	Management committee members	Active volunteers
2	6	3	200

### 6. How do you support your volunteers?

All volunteers receive regular mentoring and support from staff as part of their personal development and progression. In addition F4C provide support in processing CRB checks, providing workforce development initiatives and providing financial support in regard to travel and subsistence expenses.

### 7. Property occupied by your organisation

Is the main property owned or leased/rented by your organisation?	If leased/rented, how long is the outstanding lease/rental agreement?
<b>Rented</b>	<b>No end date</b>



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### 8. Finance

From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: **March**

Year: **2012**

<b>Income received from:</b>	<b>£</b>
Voluntary income	0
Activities for generating funds	273,523
Investment income	0
Income from charitable activities	0
Other sources	0
<b>Total Income</b>	<b>273,523</b>

<b>Expenditure:</b>	<b>£</b>
Charitable activities	255,618
Governance costs	5,174
Cost of generating funds	0
Other	0
<b>Total Expenditure</b>	<b>260,792</b>
<b>(Deficit)/surplus for the year:</b>	<b>12,731</b>

<b>Asset position at year end</b>	<b>£</b>
Fixed assets	4,064
Investments	0
Net current assets	9,885
Long-term liabilities	
<b>*Total A</b>	<b>13,949</b>

<b>Reserves at year end</b>	<b>£</b>
Endowment funds	0
Restricted funds	0
Unrestricted funds	13,949
<b>*Total B</b>	<b>13,949</b>

\* Total A and Total B must be the same and should be taken from your balance sheet

### 9. Statutory funding

For the financial year above, what % of your income was from statutory sources?  
60%

### 10. Material changes

Describe any material changes to the organisation's activities, structure or financial position since the date of the most recent accounts:



## 11. Previous applications to the Trust

Have you applied to the Trust before? If so, please give details:

Month/Year:	Ref:	Grant received:	OR application rejected?
Month/Year:	Ref:	Grant received:	OR application rejected?
Month/Year:	Ref:	Grant received:	OR application rejected?

## 12. Previous funding received

Funding received by your organisation from the following sources during the last **THREE** years:  
**(i)** City of London (other than the City Bridge Trust) **(ii)** London boroughs **(iii)** London Councils (formerly ALG)  
**(iv)** Health authorities **(v)** Central government departments **(vi)** Other statutory bodies (e.g. Housing Corporation, Arts Council) - List source, years and annual amounts:

	Year: 2009	Year: 2010	Year: 2011
(i)			
(ii) London Borough of Southwark	0	0	10,000
London Borough of Lambeth	0	0	300
(iii)			
(iv)			
(v)			
(vi) Greater London Authority	0	0	30,000
Sport England	0	0	6,000

## 13. Previous grants received

Grants received by your organisation from charitable trusts and foundations (other than the City Bridge Trust) during the last **TWO** years. List source, years and annual amounts:

	Year: 2010	Year: 2011
Laureus Sport for Good Foundation (via Active Communities Network)		50,000

## 14. What steps is your organisation taking to reduce its carbon footprint?

F4C's environmental policy was undated in 2012, within which we have identified the following actions which we are undertaking:

1. Reducing our print loads by utilising IT facilities to a greater extent.
2. Implementing a paperless office system
3. Ensuring all electrical items are switched off out of office hours
4. All office items are recycled, with wastage stored effectively on a daily basis
5. Do not use chemicals and detergents in relation to core activities
6. The re-use of office items and equipment across all our schemes of work, be it administration or core activities.
7. Implementing a clear desk policy and reduction printing large documents
8. Fitting energy efficient lighting into our delivery facilities.



## 15. Purpose

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Complete this section whatever the amount of grant requested. **In addition**, if the request is for £25,000 or more in total, a fuller proposal should be sent with this form. Also, if your application is for all or part of new or existing post(s), please enclose a copy of the relevant job description(s) including the salary level.

**In order to provide the right information, please refer to guidance note 15 before completing this section.**

F4C will expand our current programming across Lambeth and Southwark focusing resources on 14-19 year olds who are referred by both the statutory sector and voluntary sector agencies. Young people referred will be from high crime areas from North / Central of both boroughs. Focusing on personal and social development, F4C will provide progression pathways for young people to prevent them entering / re-entering the youth justice system. We will provide a range of protective factors to support their development focusing on:

- Provide a grass roots delivery programme from community venues across the target areas (North Lambeth/ North Southwark) targeting young people currently not engaged in positive activities / within the Youth Justice System, engaging 100 young people referred into the project.
- Provide an intensive vocational training programme equipping young people to gain employment within the sports, fitness, youth work and/or wider community sector. This will focus on 50 young people who will gain accreditation in a range of fields including sports qualifications, personal development units such as interview techniques and CV writing and youth work courses and developing social enterprise initiatives.
- Create a culture of active citizenship within local estates by promoting peer led volunteering activities with young people in tandem with training programmes, actively creating 50 new volunteers who will deliver new activities to the community.
- Provide access to work base placements across both boroughs for 50 young people to experience the sport, fitness and community related sectors.
- Provide sustainable exit routes into sports clubs and community associations for 100 young people.

The programme will deliver the following outcomes:

- Prevent young people entering / re-entering the youth justice system.
- Create a new generation of community workers across the target area, delivering social action and active citizenship programmes to strengthen communities
- Improve young people's skills and ability to gain employment across the sport / youth work and wider community development sector
- Grow and sustain sport and community participation across the local area
- Improve perceptions of young people across the local community including local businesses
- Broaden Horizons and raise aspirations of young people across the target area through providing new opportunities.

Strategic need has been defined in a three manner fold which has shaped the activities and proposal which F4C have developed. This includes the following:

1. Consultation with young people across the four target areas: Key findings include, delivery of employability and positive activities as being the greatest means of providing long term engagement. Young people also identified that to improve their lives, they needed to have a clear pathway which was attainable. This fits well with our model of delivery.
2. Consultation with the community and delivery partners: This has identified anecdotal evidence in regard to young peoples current attitudes towards the local area as being negative with a lack of positive interaction taking place.
3. Statistical evidence collated from the Metropolitan Police shows the following trends in youth crime, specifically;
  - Lambeth and Southwark fall 3rd and 4th in terms of the highest crime activity boroughs across London between 2008-2011 (Metropolitan Police, 2011)
  - Our core delivery sites, based in the Coldharbour / Ferndale / Princes and Bishops wards are the 2nd, 7th, 1st and 8th highest crime wards in Lambeth (of 21 wards), with acquisitive youth crime being of significant concern.
  - In Peckham, The Lane, East Walworth and the Grange wards (Southwark catchment area) crime is 2nd, 4th, 5th and 6th across Southwark until August 2012, with substance misuse cited as a key issue.



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**16. Explain how you will monitor and evaluate both your own outcomes and those of the programme under which you are applying.**

F4C utilise the VIEWS system, developed by the social research company Substance. VIEWS, used by the Home Office for youth based interventions is a dashboard format which enables F4C to input project data and individuals data into the on-line database. The system is updated on a weekly basis by project staff, with updates entered in regard to key outcomes and achievements of participants such as gaining qualifications, finding employment or ceasing drug use.

This project will sit within this VIEWS system and will be entered by project staff on a daily basis. This process is overseen by the Head of Operations who is responsible for quality assurance / control of all programmes and monitoring information.

Upon the project commencing, F4C can add additional outcomes to the request of funders and stakeholders. To align outcomes to City Bridge Trust; F4C will upload a set of outcomes in addition to those outlined.

**17. Beneficiaries**

How many people will benefit from the grant per year? <b>100</b>			
In which local authority is your organisation based? <b>Lambeth</b>			
Which borough(s) of Greater London will benefit from this grant? (if more than one, please give % for each) <b>Lambeth; Southwark</b>			
At what address will the activity be located? <b>Kennington - Lillian Baylis Old School</b> <b>Brixton - Moorlands Estate</b> <b>Elephant and Castle - Aylesbury/Brandon Estate</b> <b>Peckham - Damilola Taylor Centre</b> <b>Bermondsey - Silwood Estate</b>			
What age group will benefit? <b>Over 11 years, over 16 years</b>			
What will the ethnic grouping(s) of the beneficiaries be?			
	<b>%</b>		<b>%</b>
White - British		Black - Caribbean	
White - Irish		Black - African	
White - Other (please describe)		Black - Other (please describe)	
Asian - Indian		Black - British	
Asian - Pakistani		Chinese	
Asian - Bangladeshi			
Asian - Other (please describe)		Other (please describe)	
Open to everyone			<b>100</b>
What proportion of the beneficiaries will be disabled people? <b>20%</b>			



### 18. Funding required for the project

What is the total cost of the proposed activity/project?

(List main expenditure headings and amounts)

Expenditure heading	Year 1 £	Year 2 £	Year 3 £	Total £
Programme Manager Salary (plus NI and on costs)	37,240	37,240		74,480
Management	7,000	7,500		14,500
Sessional Staff	16,130	15,760		31,890
Equipment	3,000	500		3,500
Publicity and Promotion	3,000	3,000		6,000
Training and Development	15,000	15,000		30,000
Monitoring Licence	3,000	3,000		6,000
Venue and Hire costs	8,130	8,000		16,130
Administration	1,500	1,000		2,500
<b>TOTAL</b>	<b>94,000</b>	<b>91,000</b>		<b>185,000</b>

What income has already been raised? (List amounts and main sources)

Source	Year 1 £	Year 2 £	Year 3 £	Total £
Laureus Sport for Good Foundation (via Active Communities Network)	50,000	50,000		100,000
<b>TOTAL</b>	<b>50,000</b>	<b>50,000</b>		<b>100,000</b>

What other funders are currently considering the proposal?

Funder	£
Sport England	10,000
<b>TOTAL</b>	<b>10,000</b>

### 19. Funding requested from the Trust

How much is requested from the Trust? (List main expenditure headings and amounts)

Expenditure heading	Year 1 £	Year 2 £	Year 3 £	Total £
Project Manager	0	0		0
Management	3,000	3,000		6,000
Administration	1,500	1,000		2,500
Sessional Staffing costs	12,500	12,500		25,000
Equipment	3,000	500		3,500
Publicity and Promotion	2,500	2,500		5,000
Training and Development	15,000	15,000		30,000
Monitoring Licence	1,500	1,500		3,000
Venue Hire	5,000	5,000		10,000
<b>TOTAL</b>	<b>44,000</b>	<b>41,000</b>		<b>85,000</b>



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**20. Funding requested from the Trust (continued)**

When will the funding be required? <b>01/03/2013</b>
Is the activity to continue beyond the period for which funding is requested? If so, how will it be resourced? <b>Sustainability is key and we are working with a range of localised partners to ensure that we are achieving this through the development of volunteers and evidencing our impact to commissioners and influencers. We will craft a fundraising strategy, targeting the private sector as well as selling services as two key areas on this agenda.</b>
If any planning or other statutory consents are required for the project to proceed, what stage have the applications reached? <b>No other statutory funds have been applied for currently. We are in ongoing discussions with the Metropolitan Police in regards to delivering in respect to the prevention agenda and how F4C delivers on there behalf.</b>

**Declaration on behalf of applicant organisation**

I, Rebecca Donnelly (your name)  
 am an authorised representative of  
Fight for change foundation (your organisation)  
 within which I am Operations Manager (your position)

**To the best of my knowledge, all the information that I have provided in this application form is correct**

Signature *R Donnelly* Date 5/11/12

**Return the completed form to: The City Bridge Trust**  
 City of London  
 PO Box 270  
 Guildhall  
 London EC2P 2EJ

- Please
- **do not send this application by fax or e-mail** – unless applying online, applications must be posted to the Trust
  - **do send the information in the checklist** – if items are missing, your application will be returned to you
  - **do send only the information in the checklist** – if further information is required, we will contact you
  - **do ensure you have signed and dated this form** – we cannot accept forms which have not been signed and dated
  - **do use the correct postage** – the completed form and additional materials are likely to exceed 100g in weight